

CERTIFICATE OF PARTICIPATION

This is to certify that

Arlo Van Heerden

Has successfully participated & completed the
45km FRESH Kaapsehoop Mountain Ultra
held at Kaapsehoop Horse Trails.

TIME 05:14:58

PACE 06:58/km
OVERALL 2 of 32

GENDER 2 of 25
OPEN 2 of 11

12 August 2023, Sat

Date



BoutTime

Signature

